

## Newsletter No 5 Second Term 2022

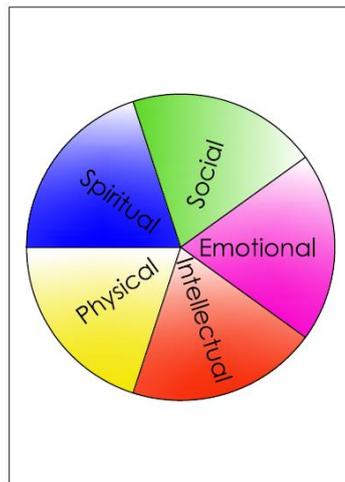
Dear moms and dads

What a great way to end the second term---- Pyjama and movie day. The children were so happy to be warm and snug in their pyjamas as were the staff. What a treat!!

Thank you for an awesome term. It was long but with all holiday interruptions we made it and are still feeling sane. Special thanks go out to the events committee, headed up by Jess, for the wonderful events we have held this term, and to our parent convenor Lize for always keeping us all informed of dates to be aware of and to Jean de Groot, who is head of marketing and outreach. Thanks also to all the parents who participated and helped to make all the events such fun and run so smoothly. Looking back at my diary I am amazed by what we achieved this term.

First weekend back we held a parent workshop and although only a few parents attended we successfully managed to repaint and refresh some of the equipment and several of the activities that are painted on the walkways inside the school.

The following week we held a parent talk with four different speakers Liz Aspeling, Nicole Painter, Heidi Miller and myself. Our next parent talk is on **Monday 15 August. Please do come along.** These talks are to help you as a parent to understand the needs of your growing child. It is important that we focus on all the areas of a child's development and not only academics.



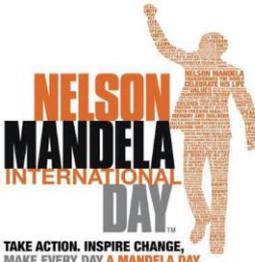
Liz Aspeling will be guiding us to learn more about the importance of social development, how to make friends etc.

We also held an Easter egg drive and collected enough marshmallow eggs to give a packet of eggs to the residents at Bergridge Park. We had a lovely walk through the forest to get there and were guided there safely by parents and staff. Once there the children entertained the residents by singing their sports day songs. It was beautiful to see the happy smiles on the residents' faces. The children also loved every moment and wanted to know when they were going again.

Second week in and it was Sports day. What a highlight. Unfortunately, the weather was not the best but that did not deter the children from having fun, running races having their faces painted, jumping on the jumping castle, eating popcorn and candy floss. Dinner was also delicious. Thank you to all the extended families that joined us. It was great to have so many siblings and grandparents with us.

We participated in another outreach programme and raised funds for Reach for a Dream, and just before the term ends, lets not forget Mandela Day. We are going to be supporting HATCH (see below).

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**#THEHATCHLIST**

These are the items included in a hatch bag.  
So if you'd like to donate products, now you know!  
(Takealot works a treat)

fleecy blanket	socks	baby wipes
onesies (0-3m)	beanie	aqueous cream
vests (0-3m)	small soft toy	cotton wool
leggings (0-3m)	face cloth	baby soap
warm top (0-3m)	nappies (size 1)	sanitary pads



**Let's bring some sunshine to those who need it!**

Eye tests were held for the 4-6 year olds and we had class and individual photos.

The next event was Parents Day. A brief get together where Parents had the opportunity to socialise over "dinner" and drinks. This was followed by a singing show from the children. For many this was a first time on stage in front of lots of people and the children did well.

Reports put lots of pressure on the teachers, but I am thrilled to say they all managed to assess the children really well and report feedback was very positive.

And so we come to the last highlight of the term. Pyjama day. A little bit of fun and a treat and hot chocolate and a movie to end off the term.

What a great term. Lots of high lights and some not so great moments. Sadly, Tash lost her dad, Hazel her sister and Lolly her stepmother. Some of the Staff had to take sick leave as they succumbed to Covid and other dreadful bugs and there were lots of absentees among the children. This holiday will hopefully help us all to recover fully and come back ready to face another wonderful fun busy term.

There are a couple of outings taking place next term. Please take note of the days so that you can join us on the outing if you so wish. The fire station outing is always a great hit and it is coming up real soon. We always need and appreciate the lifts and help we get from our parents. Come along and join us if you can take time out from work.

Please find attached the school calendar for next term. Print it and hang it up on your fridge so that you don't miss out on any of the functions we have planned. It is our 50<sup>th</sup> celebration this year and we are going to make it a year to remember with many different events for you to participate in. Please diarise the dates of the different events.

We are also very excited to be offering Yoga again from next term. **Please see the attached flyer.** Many children suffer from anxiety. Yoga is a great way to teach your child tools to manage their anxiety e.g Breathing, inner focus etc. Karen will be hosting two yoga sessions during holiday care. There may still be places for some more children to join on those days. Sign up if you are wanting your child to try yoga. Karen will also offer a free lesson at the beginning of the term if you phone her and organise it.

If you are taking time off and going on holiday with your children have a fabulous time. For those of you staying in Cape town enjoy the sunny days that we are so often blessed to have even though it is winter. At least you will be able to lie in and stay warm.

Love Josette

SAVE THE DATE - TERM 3 ACTIVITIES	
Thursday, 28 July	Parent Talk by Liz Aspeling : <i>"Making and Keeping Friends"</i> (A focus on Social Skills) Tickets are R35 per person and will be available to purchase from 21 – 27 July
25 – 29 July	<b>Fire Station Outing</b> <ul style="list-style-type: none"> <li>• Monday – Dolphins</li> <li>• Tuesday – Whales</li> <li>• Wednesday – Starfish</li> <li>• Thursday – Penguins</li> <li>• Friday – Turtles</li> </ul>
Monday, 15 August	Parent Talk for <b>Starfish and Penguins</b> : <i>"Preparing your child for 2023"</i>
Tuesday, 16 August	Market Day for <b>Penguins, Starfish and Whales</b>
Friday, 19 August	50 <sup>th</sup> Celebration – Parents Celebration at Simon's Restaurant
Friday, 26 August	The Incredible Dog Show for children at school
6 September (Tuesday) 13 September (Tuesday)	Spring Walk to Anchusa Retirement Home Spring Walk to Bergridge Retirement Home
19 – 23 September	<b>Grandparents Concert</b> <ul style="list-style-type: none"> <li>• Monday – Turtles</li> <li>• Tuesday – Dolphins</li> <li>• Wednesday – Whales</li> <li>• Thursday – Starfish</li> <li>• Friday – Penguins</li> </ul>
Wednesday, 28 September	Bike Day for children at school
Thursday, 29 September	50 <sup>th</sup> Celebration – Golf Day